11:00 a.m. Service

3rd Sunday of Lent | March 3, 2024 Gathering for Praise

Welcome and Announcements

Call to Worship

Lent calls us to journey, this and every day, following Jesus wherever he leads us.

Lent calls us to journey: to the place where God covenants with us, to receive the new names we are given.

Lent calls us to worship together, to tell future generations the good news.

Lent calls us to practice justice, to bring God's hope to all people.

Lent calls us to faithful living, to trust the One who gives us life.

Lent calls each of us to take up our cross, to trust the One who bears it with us.

Lent calls us to journey with God.

Let us worship God, who walks with us, this and every day.

Choral Call to Worship 'Throughout These Lenten Days and Nights'

*Hymn of Praise 'O How He Loves You and Me' TFWS 2108

Psalter Reading Psalm 19 UMH 750

*Gloria Patri

Glory be to the Father and to the Son and to the Holy Ghost; As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Pastoral Prayer

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen

*Please stand if you are able.
UMH: United Methodist Hymnal TFWS: The Faith We Sing Hymnal
One of the services is filmed weekly and streamed on Facebook and YouTube.

Children's Disciple Moment

The PrayerGround Table is for children 6 and younger to use during the sermon. Parents should sit near the table to assist.

Anthem 'Take Up Your Cross' arr. Helvey

Hearing God's Word

Scripture Reading Mark 5: 1-20

*Hymn of Preparation 'Come Sinners to the Gospel Feast' UMH 616

Message Broken Chains, Demons and Beautiful Things Rev. Brian Gilmer

Responding to God's Word

Sacrament of Holy Communion UMH 12

Offertory 'Holy Manna'

Doxology UMH 94

Invitation to Christian Discipleship

If you would like to know more about what it means to be a Disciple of Jesus Christ as part of this congregation, please see Pastor Brian or Pastor Christine after the service. They would love to point you to some discipleship opportunities and ways to serve Christ here at TRUMC.

Going Forth to Serve God's World

*Hymn of Sending 'O How He Loves you and Me'

Sending Forth

Stewardship & Attendance Report

One Fund Monthly Goal 2024	\$49,638
One Fund Actual MTD	\$38,622
Deposits week ended	\$9,708
Building Project Fund	\$1,340,074
as of December	

Wavs to Give:

- Scan the QR Code and fill out the form
- Online at trmethodist.net
- Text-to-Give: Text the amount you wish to give to (833) 948-2135 and continue with steps.

Date	8:45 Service	11:00 Service	Online	Sunday School
2.4	83	161	42	112
2.11	78	151	35	107
2.18	80	146	78	112
2.25	78	169	TBD	104



Reggy O'Dell

Ash Wednesday Service - 72

Prayer Concerns							
НОМЕЕ	BOUND	TRUMC	FRIENDS OF TRUMC	OTHER REQUESTS			
George Adamson	Frances Lockaby	Myra Robitalle	Melissa & Jesse Hysmann	Israel & Gaza			
James White	Barbara Floyd	Karen McCarty	Jesse McClang				
Dee Hughes	Karen McCarthy	Martha Hughes	Linda Kallendberger				
Patrick O'Dell	Fred Dyal		Ms. Kimberly				

Submit a prayer request to our Prayer Team: prayer@trmethodist.net

Connect with TRUMC

Worshiping here for the first time?

Mary Greene

Stop by one of our Hospitality Stations on your way out of the sanctuary for a welcome bag and a greeting from one of our Hospitality Team members. Or scan the QR code and fill out our contact form. We'd love to hear from you!

Follow us on Social Media!





@TRMethodist

Hearing God's Word

Scripture Reading Mark 5: 1-20

*Song of Preparation 'O Love Divine' **UMH 287**

Broken Chains, Demons and Beautiful Things Message Rev. Brian Gilmer

Responding to God's Word

Sacrament of Holy Communion UMH 12

Offertory 'Be Still My Soul'

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Going Forth to Serve God's World

*Song of Sending 'O How He Loves You and Me' **TFWS 2108**

Sending Forth

8:45 a.m. Service

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*Song of Praise

'All Glory Laud and Honor'

UMH 280

The Pastoral Prayer

The Lord's Prayer

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Upcoming Events & Announcements

UPCOMING MEETINGS & EVENTS

- **TRUMPETS** 3/3, 3/10 at 5pm, 3/27 at 6:30pm, in the Chapel
- UMYF
 - o 3/10: Dinner & Bible Study, 5-6:30pm
 - 3/23: Volunteer Day at Miracle Hill, 9:30am 3:30pm (11-14 year olds)

PLANNING A MEETING OR GATHERING?

Remember to contact Jan P. so that all meetings and gatherings can be included on the church calendar.

HOMEBOUND MEETING

March 6, 11:30am - 12:15pm in the Parlor

SAVE THE DATE!

Who: PB & J (Pickle Ball & Jesus)

When: Sunday March 10, 12:15 - 4:30,

What: Healthy Minds Team of TRUMC Pickle Ball & Jesus (PB&J) activity Where: Family Life Center (FLC). Snack option available. Yes, it's PB&J!

Purpose: Promote healthy relationships

REBUILD UPSTATE - MARCH 16

Volunteers needed (7, to be exact) for our next Rebuild Upstate project. We will be building a ramp for a lady in need who lives in our community. Contact Dave Koss to sign up.

FOREVER 55

March 21, Sakura Japanese Steakhouse

GROWTH GROUPS will continue to meet through April! Details on each group, meeting times and locations can be found on the website, trmethodist.net/ministries/adults

WOODLANDS BIBLE GROUP meets each Tuesday at 10AM at the Woodlands at Furman in Brian and Mary's Apt 1208.

Trail Guide

Sunday, March 3, 2024

Message: Broken Chains, Demons and Beautiful Things

Scripture: Mark 5: 1-20

5 1-5 They arrived on the other side of the sea in the country of the Gerasenes. As Jesus got out of the boat, a madman from the cemetery came up to him. He lived there among the tombs and graves. No one could restrain him—he couldn't be chained, couldn't be tied down. He had been tied up many times with chains and ropes, but he broke the chains, snapped the ropes. No one was strong enough to tame him. Night and day he roamed through the graves and the hills, screaming out and slashing himself with sharp stones.

6-8 When he saw Jesus a long way off, he ran and bowed in worship before him—then howled in protest, "What business do you have, Jesus, Son of the High God, messing with me? I swear to God, don't give me a hard time!" (Jesus had just commanded the tormenting evil spirit, "Out! Get out of the man!")
9-10 Jesus asked him. "Tell me your name."

He replied, "My name is Mob. I'm a rioting mob." Then he desperately begged Jesus not to banish them from the country.

11-13 A large herd of pigs was grazing and rooting on a nearby hill. The demons begged him, "Send us to the pigs so we can live in them." Jesus gave the order. But it was even worse for the pigs than for the man. Crazed, they stampeded over a cliff into the sea and drowned.

14-15 Those tending the pigs, scared to death, bolted and told their story in town and country. Everyone wanted to see what had happened. They came up to Jesus and saw the madman sitting there wearing decent clothes and making sense, no longer a walking madhouse of a man.

16-17 Those who had seen it told the others what had happened to the demon-possessed man and the pigs. At first they were in awe—and then they were upset, upset over the drowned pigs. They demanded that Jesus leave and not come back.

18-20 As Jesus was getting into the boat, the demon-delivered man begged to go along, but he wouldn't let him. Jesus said, "Go home to your own people. Tell them your story—what the Master did, how he had mercy on you." The man went back and began to preach in the Ten Towns area about what Jesus had done for him. He was the talk of the town.

Next Steps for the Journey

- Did you notice any interruptions in your life this week? How did you handle them?
- Share with the group (if you feel comfortable) an interruption that turned into an opportunity for you this week.
- Read the Gospel lesson and talk about what stands out to you in the passage.
- What kind of "demons" do you see people dealing with in our world today?
- What brokenness do you see in the world today?
- How can you help those who are dealing with these issues experience the love and grace f Jesus?
- · How have you experienced Christ in the midst of your brokenness?

Your List:

- 1.
- 2
- 3.
- 4. 5.

Prayer for this Week's Walk

Open our eyes and our hearts and our minds, God of surprises. Teach us to meet each new turn in the road with wonder. When we are angry or indifferent or anxious, bless us with wisdom to hold our emotions gently, neither to squelch them and ignore them nor to banish them, but to see and feel them and choose your way of love. Give us the courage to bridge divides, to stretch out our hands to one another and to follow wherever you lead us and bless us with a certainty that we are never alone.

We pray in Jesus' name,

Amen.

Travelers Rest United Methodist Church

The Church on the Trail
Walking with Christ, Serving God, Changing Lives.



Rev. Brian Gilmer brian@trmethodist.net 864-345-4784

Address: 19 South Main Street Travelers Rest, SC 29690 864.834.9862 **Rev. Christine Matthews** christine@trmethodist.net 864-915-4737

Office Hours: M-Th, 9am—1:00pm E-mail: info@trmethodist.net Website: www.trmethodist.net